

- **Need to pick from one of her TOPICS and give my feedback on what she wrote! Like why? I thought it was interesting and how I see it from my point of view. For each student it has to be a different topic!! It can't not be the same.**

Student name: Alma Jessica

Chapter 1:

Conceptions of Age

A lot of people go based on their actual age not knowing the difference there is. For example we have biological age which can give an age of our appearance.

Psychological age is how old you really feel regardless of your actual age. Social age is based on achieving certain goals at a certain age. Social age is the one that interests me the most just because I don't see people doing stuff at a certain age for example a college/university degree at 25, married at 30 or kids at 33, everyone is at their own rhythm. Social age does not apply to me because I had kids first, I started college 7 years after high school and now I have a family. I have always said I started my life backwards since most people have a degree first then a family.

Descriptive research

One descriptive research is surveys. Surveys are questions asked to a person either verbally or written. Even though in a survey it may have multiple questions, it won't give us an in-depth answer to understand the human behavior. Although a survey may be inexpensive it may not be 100% accurate since a lot of people may be able to lie. I do believe surveys may not be the best way to go for research as it won't give us the correct information.

Chapter 2:

Chromosomal Abnormalities

One common chromosomal abnormality is Down syndrome also known as Trisomy 21. Down syndrome happens in 1 in 691 births and also 1 in 300 births at age 35. Down syndrome is caused by an extra chromosome.

Prenatal Assessment

Prenatal care is done throughout a woman's pregnancy to care for them and the baby. Prenatal assessments are done to help the mother and babies have a safe pregnancy and to find any complication they both may have. These assessments are done by ultrasound and blood work. Ultrasounds are done more specifically for the baby growth and see any defects or problems. Ultrasounds detect the fetus position, movement and heart rate. I have two children and to be able to see your unborn child through an ultrasound and hear their heartbeat is the best thing.

Chapter 3

Nutrition

Breast milk has a lot of benefits for both the mom and baby. Breastmilk has colostrum which is found after the baby is born and it is known as "liquid gold " the healthiest part of the breast milk. Breast Milk has a lot of nutrients and antibodies. Breastfeeding also helps the mother. It helps by reducing the uterus to its normal size. Most mothers stop breastfeeding around 6-8 weeks due to work. Although hospitals encourage mothers to breastfeed, they sometimes stop after hospital discharge since they don't have the same encouragement outside the hospital. One big factor is some jobs don't give them the support to continue breastfeeding. I find it very true that after the hospital breastfeeding can change. My first son, I only breastfed for two weeks. I didn't know about the best pump or to keep pumping even though I wasn't producing milk. As for my second child, I had more knowledge and was able to breastfeed up to six months, also my job was very helpful. They had a special room just for mothers to pump milk and be able to store it in a fridge. I have also seen a lot of mothers mostly stop breastfeeding because their supply of breastmilk is very low or in some cases it also dries up.

Temperament

Temperament is a characteristic of an infant for example mood and activity level. There are 9 dimensions of temperament they assess the children. After the children were assessed they fall into one of the three categories: easy child is a child that is in a positive mood is able to work on any situation calmly, difficult child is a child that cries is in a bad mood and has a negative aspect to situations lastly slow-to-warm-up child has low interest and is mostly negative, children might need more help than an easy child since a slow-to warm-up child adjust a lot slower than an easy child. It's interesting to

me because I have seen how different my kids are and how we adapt to each one differently.

Opinion Prompt #1

It's amazing how scientists are now so advanced. While reading the article it was interesting to know that gene editing can treat or prevent human disease, but although it can treat or prevent human disease it can affect the sperm or egg cells which means the disease did not die completely and can still be passed on.

Opinion Prompt #2

Ted talk was very interesting, a lot of parents/people see their babies as just babies when in reality it's the stage where they absorb everything they can possibly learn.

-Alma